

BEGINNER TERMINOLOGY & KNOWLEDGE

1. What is the name of your TaeKwonDo School?

Bulsajo TaeKwonDo

Master Andy's TaeKwonDo

Phoenix TaeKwonDo

2. Where does TaeKwonDo come from?

Japan

China

Korea

3. What does TaeKwonDo mean?

Foot Hand Art

Open Hand Art

Hard To Master Skill

4. What is TaeKwonDo's ultimate goal?

To get you in shape.

To teach you self-defense.

To make you a better person.

5. Who is considered to be the creator of TaeKwonDo?

Master Andy

Grandmaster An

General Choi

6. What year was the name "TaeKwonDo" decided on?

1972

1955

1998

7. Approximately how old is TaeKwonDo?

60 years old

100 years old

500 years old

8. How long to martial arts date back in Korea?

1000 years

2000 years

5000 years

9. What type of TKD do we practice?

International TKD Federation

World TKD Federation

American TKD Federation

10. When was it established?

May 28th 1973

February 28th 1979

November 12th 1947

11. How do you say "Block" in Korean?

Chagi

Makki

Jeroogi

12. How do you say "Stance" in Korean?

Kubi

Chiki

Suegi

13. How do you say "Punch" in Korean?

Chiki

Jeroogi

Dobok

14. How do you say "Strike" in Korean?

Dee

Makki

Chiki

15. How do you say "Kick" in Korean?

Chagi

Kuki

Kihap

16. What is your uniform called?

Ghi

Dobok

Hong

17. What is your belt called?

Obi

Chung

Dhee

18. How do you say "Hello" (formal) in Korean?

Ah-nyung-hasha-meeka

Ah-nyung-ha-say-oh

Ah-nyung-he-kay-say-oh

19. What are your ranking breaking Techniques? _____

20. What is your current goal in TaeKwonDo? _____

Please ask your instructors or Master Andy for help if you need it.