DAN TERMINOLOGY & KNOWLEDGE

59. How has training in martial arts improved your life? In your own words.

60. Why do we do creative poomse? A form created by advanced students to express who they are through TKD.

61. What does training in martial arts mean to you? In your own words.

62. What is the meaning of Um & Yang? In your own words.

63. What are The Five Codes of TaeKwonDo? 1. Loyalty to Country. 2. Obedience to Parents. 3. Honor Friendship. 4. No Retreat in Battle. 5. In Fighting: Choose with Sense and Honor.

64. What are The Five Elements of TaeKwonDo Leadership?

Chi = Knowledge. Shin = Credibility. Inn = Virtue. Yong = Courage. Um = Discipline.

65. What is your current goal in training? In your own words.

GOOD LUCK!