

TIGER AN'S INVITATIONAL CHAMPIONSHIPS 2026

BOARD BREAKING RULES

LOCATION> Cormier Youth Center – 40 Whittier Ct, Andover, MA 01810
Sunday, March 22nd, 2026 – 978-453-5387 or email: masterrichardan@gmail.com

1. General Information –

- a. * Must wear tkd uniform but any color is acceptable within reason as long as it's a dojang dobok. * No Taekwondo Shoes when competing (must be barefoot)
- b. Competitors Divisions and amount of boards Determined by competitor level.
 - Each competitor **MUST** compete with the amount of breaking boards specified for their division. **(no exceptions!)**
- c. **Scoring based on:** 1) Difficulty technique, 2) execution and 3) etiquette.
- d. **Misses:** each technique is allowed up to 3 misses. If the board is not broken after 3 misses then competitor must move to next technique. (auto deduction for missed tech & non break)
- e. **Prop use> CAN NOT be used. Except the following**
1) chair 2) board extender
- f. **6(six) Division Board Types:** **thin> ¼ inch thick> 1 inch**
 - **Thin Boards** > for divisions: 4-7yrs, 8-9yrs, 10-11yrs.
 - **Thin & Thick Boards** > For Divisions: 12-14yrs, 15-17yrs & 18+ yrs.
- g. **Equal/Fair Breaking Wood For Competitors:**
 - In order to ensure we have equal/fair wood type breaking material. All Competitors **MUST** purchase your boards the day of on site of event (Sunday, March 22nd 2026).
 - **TIGER CLAW BRAND BOARDS WILL BE USED AT SITE**
 - **All boards will have a Stamp marked approved.**
 - **Cost per board:** \$4/thin-medium board \$5/thick Board

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h. **Boards per division as follows:**

All 4-7yrs , 8-9yrs, 10-11yrs beginner, intermediate, advance, black:

Thin Boards only > total boards needed> 9(NINE) thin

OPEN STATIONS: Any kind of hand and/or foot – Breaking CHOICE (4 boards)

POWER STATION: Power Breaking Downward action

(using tournament wood blocks or cement blocks to hold boards w/spacers)

***Technique options: (5 Boards “MUST BE” spaced)**

Least point value to most point value technique Use:

1) Hammer Fist 2) Palm Strike 3) Knife Hand Strike 4) Ridge Hand

***NOTE> ALL LEVELS 4-7YR> STOMP ONLY FOR POWER**

All 12-14yrs , 15-17yrs, beginner, intermediate, advance, black:

Thin & Thick Boards only >

total boards needed> 4(Four) Thin / 7(Seven) Thick = Total 11 mix boards

OPEN STATIONS: Any kind of hand and/or foot – Breaking CHOICE (4 Thin & 2 Thick boards)

POWER STATION: Power Breaking Downward action

(using tournament wood blocks or cement blocks to hold boards w/spacers)

***Technique options: (5 Thick Boards “MUST BE” spaced)**

Least point value to most point value technique Use:

1.Hammer Fist 2. Palm Strike 3. Knife Hand Strike 4. Ridge Hand

18+yrs ONLY beginner, intermediate, advance, black:

Same as 12-17yr old Breaking except: **POWER STATION IS “UNLIMITED AMOUNT MUST BE SPACED**

Technique CHOICE STILL ONLY BELOW: Least point value to most point value technique Use:

1.Hammer Fist 2. Palm Strike 3. Knife Hand Strike 4. Ridge Hand

(EXAMPLE: Open station 4 thin / 2 thick & power station “ unlimited “ = ? pending on you)