

# **TIGER AN'S INVITATIONAL CHAMPIONSHIPS 2026**

## **POOMSAE(Forms) RULES**

**LOCATION>** Cormier Youth Center – 40 Whittier Ct, Andover, MA 01810  
Sunday, March 22<sup>nd</sup>, 2026 – 978-453-5387 or email: masterrichardan@gmail.com

### **1. General Information**

## **SCORING FORMAT> CHONG(blue) VS HONG(red)**

\*2 players compete at same time 1 player is red, 1 player 1 is blue.

\* When Poomse completed. Judges will Show their(blue or red card) to pick a winner.

\* if more than 2 competitors in a division. The Winning player will advance to the next round.

### **Recognized Poomsae (10 Point system)**

#### **a) Accuracy (4 points)**

2pts • Accuracy of basic movements & Accuracy of details of poomsae

2pts • Balance & Stance

#### **b) Presentation(6 points)**

2pts • Speed and Power

2pts • Coordination Rhythm & Tempo

2pts • Expression of energy(ki) (confidence)

### **POOMSE CHOICES BASED ON LEVELS:**

**A) BEG. LEVEL 1 > TAEGERUEK 1-3**

**B) INTERM. LEVEL 2 > TAEGERUEK 3-8**

**C) ADVANCE LEVEL 3 > TAEGERUEK 6-8**

**D) BLACKBELTS > \*TAEGERUEK 4-8, KORYO – (RANDOM DAY OF EVENT)**

**(can be higher form choices day of event if there is divisions at higher levels)**

**\*NOTE: If there is a blackbelt division that has all competitors knowing more blackbelt forms we will discuss that as a option that higher forms can be drawn\***